

# HEARTY SUNDAYS

AVAILABLE 12 – 6PM (last orders 5:45pm) | 2 COURSES FOR £16.95

*Something to whet your appetite?...*

## PROSECCO £6.95

Spumante Barocco DOC, Italy

## PINK GIN PRETENDER £5.50

Non-Alcoholic Gin, Grenadine, lemonade with strawberry garnish

## AMALFI 75 £8.95

Malfy con Limone Gin, sugar and a squeeze of lemon with Prosecco

## STARTERS

### HEARTY MINISTRONE

Served with fresh Artisan Italian bread

### MEDITERRANEAN FISH CAKES

Fresh fish, flaked, breaded and lightly fried golden, served with a citrus mayonnaise

### ZUPPA *del* GIORNO

Served with fresh Artisan Italian bread

### BRUSCHETTA TRICOLORE

Toasted Italian bread, with tomato, basil pesto & parmesan shavings

### PATE DELLA CASA

Homemade chicken liver pate with toasted Italian bread and rich tomato, chilli and onion compote

### STORNOWAY FRITTELLE

Black pudding, haggis and Bramley apple, seasoned and lightly fried until golden, with a peppercorn sauce

## MAINS

### ROCCA ROAST

Traditional roast dinner with Chef's meat of the day, served with your choice of roast potatoes, mash or hand-cut chips

### POLLO POMODORO

Chicken breast, sauteed in a sundried tomato pesto sauce, with mixed peppers and onions, served with Arborio rice (contains nuts)

### SPAGHETTI POLPETTE

Freshly hand-rolled pork & beef meatballs, in a rich Napoli sauce

### LOMBARDO RISOTTO

Arborio rice sauteed in a rich tomato sauce, with mixed peppers, ricotta & rocket garnish

### SAFFRON RISOTTO

Arborio rice, sauteed golden with Saffron in Parmesan butter, with asparagus and mushrooms

### HEARTY BOLOGNESE BAKE

Rigatoni pasta in a slow-cooked Scotch beef and pork ragu, topped with fresh parmesan, mozzarella and oven baked

### SPAGHETTI CARBONARA

Tossed in a delicate sauce of pancetta, parmesan, egg yolk and cream. Or without cream, the authentic Italian way!

+ DICED CHICKEN £2

### PENNE ARRABBIATA

In a San Marzano tomato sauce with garlic, chilli and herbs

+ BLACK OLIVES £1

+ CHORIZO £2

+ DICED CHICKEN £2

### ITALIAN MAC & CHEESE

Triple cheese macaroni, baked al forno, with a tomato and parsley garnish

+ PANCETTA £2

### CHICKEN CAESAR SALAD

Cos lettuce, vine tomatoes, with croutons, parmesan shavings, sliced chicken breast and classic Caesar dressing (available vegetarian on request)

### EGLEFINO TRADIZIONALE

Breaded haddock, lightly fried, with hand-cut chips and Italian-style tartare sauce with herbs

### PORTOFINO PIE

Italian fish pie, with fresh haddock, leek, pancetta & a mashed potato gratin top

### PIZZA MODO MIO

A classic margherita with Fior di Latte mozzarella, San Marzano tomatoes and your choice of two toppings:

Italian Sausage / Salami / Ham / Mixed Peppers  
Spicy Chicken / Mushroom / Rocket / Sweetcorn  
Fresh Chilli / Pineapple / Olives / Onion  
(+ £2 per meat topping / + £1 per vegetable topping)

 Ask your server about gluten-free dessert options

## DESSERTS

### CHEF'S CRUMBLE SHORT SUNDAE

Chef's warm crumble of the day, perfectly paired with Equi's Double Cream Vanilla ice cream

### PANNA COTTA LIMONCELLO

Sicilian staple! Rocca homemade classic. Cream & limoncello, with a pineapple & ginger salsa, & crushed amaretti to finish

ADD £4

### DUE GELATO

Your choice of two scoops of local award winning Equi's ice cream

### CHEESECAKE DEL GIORNO

Fresh Italian homemade mascarpone cheesecake

### CARAMELLO CLASSICO

Sumptuously warm caramel shortcake with Equi's Double Cream Vanilla ice cream

## COMFORTING TEA, PREMIUM COFFEE

*or something stronger?*

Round off your meal with traditional tea or Italian Coffee, freshly roasted here in Scotland

Alternatively our after dinner cocktails and liqueurs come highly recommended

(above beverage pricing varies from £1.95)

 gluten-free option available **on request**  vegetarian

**IMPORTANT NOTICE:** We kindly advise that all customers must make their server aware of any dietary requirements, including all allergies or intolerances prior to ordering. Whilst we will strive to reduce risk of cross-contamination we cannot guarantee that any dish is 100% free from allergens. Dairy-free, Gluten-free, Vegan, Vegetarian alternatives may be available on request.