

MARKET MENU

2 COURSES £12.95

3 COURSES £15.95

Featuring fresh produce and tantalising tastes of the season

Mon – Thu 4-7pm / Fri 4-6pm / Sat 12-6pm

An Appertif?

PINK GIN SPRITZ £4.95

Served over ice with lemonade and fresh strawberries

COS-FAUX-POLITAN £3.95

Cranberry, citrus and fresh lime mocktail

APEROL SPRITZ £6.25

Aperol, Prosecco and a splash of soda-water

STARTERS

ZUPPA *del GIORNO* or HEARTY MINISTRONE

Served with fresh Artisan Italian bread

CROSTINI *del GIORNO*

Italian garlic bread with Chef's fresh topping of the day

POLPETTE

Succulent pork and beef meatballs, served in a Napoli sauce on Italian garlic bread

INSALATA TRICOLORE CAPRESE

Classic mouth-watering salad of fresh mozzarella, tomato and rocket

FUNGHI FARCITI

Freshly prepared breaded mushrooms filled with haggis, served with peppered mayonnaise

PATE DELLA CASA

Homemade chicken liver pate with toasted Italian bread, and apple and plum chutney

MAINS

SPAGHETTI CARBONARA

A delicate sauce of pancetta, parmesan, egg yolk and cream (or without cream, the authentic Italian way!)

PIATTO DEL GIORNO

Chef's special, Rocca dish of the day

POLLO AL PEPE

Pan-fried breast of chicken, with onions in a peppercorn sauce, served with your choice of rice or potatoes

PENNE POLPETTE

Timeless favourite, pork and beef meatballs in a rich Napoli sauce served with penne

MEDITERRANEO ALLA STROGANOFF

Healthy, vibrant and deliciously fresh stroganoff with roasted mediterranean vegetables, garlic and parmesan, served with rice

DOLCE POLLO INSALATA

Mixed Italian salad, with tender strips of torn chicken breast, in a sweet chilli dressing

SPAGHETTI ALL'AMATRICIANA

Moreish and mildly spicy tomato and bacon pasta dish, topped with parsley and parmesan shavings

RISOTTO PRIMAVERA

Arborio rice, sauteed with julienned spring vegetables, garlic and parmesan
+ ADD DICED CHICKEN FOR £1.50

COZZE POMODORO

Steamed Shetland mussels, in a tomato sauce with a touch of chilli and garlic, accompanied with garlic bread

PENNE ARRABBIATA

Penne in a San Marzano tomato sauce with olives, garlic, chilli and herbs
+ ADD DICED CHICKEN FOR £1.50

PIZZA MODO MIO

A classic margherita with Fior di Latte mozzarella, San Marzano tomatoes and your topping of choice: (+ £1 per extra topping)
Italian Sausage / Salami / Ham / Onion / Spicy Chicken / Mushroom / Rocket / Pineapple Fresh Chilli / Olives

BISTECCA DI MANZO

Grilled 6oz ribeye steak, served with hand-cut chips, rocket and a balsamic drizzle (+ £5 supplement)
Add Steak Sauce +£1.50
Peppercorn / Red Wine Jus / Bearnaise
Add Sides +£2.50
Onion Rings / Sauteed Creamed Spinach / Grilled Tomato & Mushrooms

Can't decide? Dining in pairs? Mezzo e Mezzo! Order one pizza and one pasta and we will present them *half & half* to share.

ADD GARLIC BREAD TO ANY DISH for just £1.50

DESSERTS

Ask your server about gluten-free dessert options

HOUSE MOCHA TIRAMISU

Homemade classic coffee flavoured sponge, with *Equi's* Double Cream Vanilla ice cream

DUE GELATO

Your choice of two scoops of local award winning *Equi's* ice cream

APPLE CRUMBLE SHORT SUNDAE

Deconstructed apple crumble perfectly paired with *Equi's* Double Cream Vanilla ice cream

PANACOTTA BIANCA

Delicious homemade vanilla and white chocolate panacotta, with seasonal fruit coulis

COMFORTING TEA, PREMIUM COFFEE

or something stronger?

Round off your meal with traditional tea or Italy's favourite Lavazza coffee, accompanied with homemade tablet.

Alternatively our after dinner cocktails and liqueurs come highly recommended.

(above beverage pricing varies from £1.95)

Please make your server aware of any dietary requirements, including if a gluten-free meal is required, and we will strive to prepare your meal accordingly.

denotes a gluten-free option available denotes a vegetarian dish

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