

LUNCH

Whether a leisurely lunch or a pronto bite, we offer fresh, quality meals *from* £4.75

AVAILABLE MONDAY-FRIDAY 12 - 4PM

STARTERS

£3.75

ZUPPA *del* GIORNO
or **HEARTY MINISTRONE**
Served with fresh Artisan Italian bread

COZZE LIVORNESE
Steamed Shetland mussels, in a tomato sauce with a touch of chilli and garlic, accompanied with garlic bread

HAGGIS BON BONS
Locally sourced haggis coated in fresh homemade bread crumbs, served with peppered mayonnaise

PATE *della* CASA
House chicken liver pate, served with toasted Italian bread, and apple and plum chutney

BRUSCHETTA BELLISSIMO
Toasted Italian bread topped with chopped vine tomato, basil, garlic and extra virgin olive oil

FUNGHI FRITTI
Fresh breaded mushrooms, served with a garlic mayonnaise

MAINS

FROM £4.75

Wholesome

ADD GARLIC BREAD TO ANY DISH *for just* £1.75

Can't decide? Dining in pairs? **Mezzo e Mezzo!**
Order one pizza and one pasta and we will present them *half & half* to share.

SPAGHETTI CARBONARA £6.75
A delicate sauce of pancetta, parmesan, egg yolk and cream (or without cream, the authentic Italian way!)

PENNE BOLOGNESE £6.75
Slow-cooked ragu of Scotch beef, pork, red wine and herbs

PENNE ARRABBIATA £6.75
A classic with chilli, tomato, garlic and herbs
ADD DICED CHICKEN £1.50

LINGUINE AURORA £6.75
Linguini in a creamy, tomato aurora sauce, with vibrant mixed peppers and mushrooms

SQUASH & SALSICCIA RISOTTO £6.95
Arborio rice, sauteed with Italian sausage and butternut squash, a hint of garlic and parmesan
(*vegetarian option available)

LASAGNE £6.95
Timeless lasagna, with Bolognese filling and Bechamel sauce

PIATTO DEL GIORNO £7.95
Chef's special, Rocca dish of the day

POLLO VALDOSTANA £7.95
Butterflied chicken breast, freshly pan-fried in seasoned breadcrumbs, topped with Parma ham and mozzarella, served with rosemary potatoes, rocket and Olive Oil

TORTA DI PESCE GRATINATO £6.95
Homemade pie with locally sourced fish, topped with potato au gratin, parmesan and herbs

ROCCA BURGER £6.95
6oz homemade beef burger, topped with Monterey Jack cheese, served on a brioche bun with salad

ADD A SIDE *for* £2.50
Hand-cut Chips / Small Mixed Salad
Onion Rings / Sweet Potato Wedges

PIZZA MODO MIO £6.75
A classic margherita with Fior di Latte mozzarella, San Marzano tomatoes and your topping of choice:
MEAT Ham / Italian Sausage / Salami
Spicy Chicken
VEG Artichoke / Olives / Onion
Fresh Chilli / Mushroom / Pineapple Rocket / Spinach
(* £1 per extra topping)

Leggero

SALADS

ITALIAN CAESAR £4.75
Classic green salad with croutons, parmesan shavings, black pepper and caesar dressing
ADD DICED CHICKEN £1.50

PROSCIUTTO £5.25
Crispy prosciutto, with red onions, tomatoes, spinach, rocket and mixed leaves, dressed with a lemon and rosemary aioli, topped with croutons and parmesan
ADD DICED CHICKEN £1.50

CAPRESE PASTA £5.75
Mozzarella, ripe cherry tomatoes, extra virgin Olive Oil and fresh basil with penne

SMOKED SALMON PASTA £6.50
Penne pasta with locally sourced smoked salmon, chives, crème fraiche and lemon

SANDWICHES

CAPRESE CIABATTA £5.25
Ciabatta with mozzarella, ripe cherry tomatoes, extra virgin Olive Oil and fresh basil

GRILLED CHICKEN £5.75
Ciabatta with chicken, lettuce, tomato and an aioli mayonnaise
ADD BACON £1.50

ITALIAN PULLED PORK £5.95
Ciabatta with slow roasted pulled pork, lightly drizzled with Olive Oil and an onion garnish

SALSICCIA £5.95
Ciabatta with Italian sausage, roasted peppers and red onion

SAN DANIELE £5.75
Ciabatta with fine San Daniele ham, mozzarella, rocket and balsamic dressing

PARMA FORMAGGIO £5.75
Ciabatta with Parma ham, mozzarella cheese and ripened tomato, served toasted

ADD A SIDE *for* £2.50
Hand-cut Chips / Small Mixed Salad
Onion Rings / Sweet Potato Wedges

DESSERTS

£3.75

MERINGHE CON LA FRAGOLA
Petite meringue nest, with fresh strawberries, coulis and *Equi's* Double Cream Vanilla ice cream

CARAMELLO CLASSICO
Warm caramel shortcake with *Equi's* Double Cream Vanilla ice cream

APPLE CRUMBLE SHORT SUNDAE
Homemade apple crumble, with *Equi's* Double Cream Vanilla ice cream

DUE GELATO
Your choice of two scoops of local award winning *Equi's* ice cream

PANACOTTA BIANCA
Italian vanilla classic with a hint of white chocolate served with fresh fruit coulis

IMPORTANT NOTICE: We kindly advise that all customers must make their server aware of any dietary requirements, including all allergies or intolerances prior to ordering. Whilst we will strive to reduce risk of cross-contamination we cannot guarantee that any dish is 100% free from allergens.

gluten-free option available vegetarian